

MYNAH BIRD

Hawai'i Area 17 Newsletter

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MAY 2023

COMMITTEE (MAY) ISSUE

Reflections on PRASSA 2023 Experience: from our DELEGATE:

Aloha Area 17,

I would like to start off by thanking Area 17 members for all their support as Delegate for Hawaii.

I will start off with my PRAASA experience which I only shared at the Inform the Delegate assembly. It was with great gratitude and privilege to be there representing our area and sharing ideas and thoughts about my area and the other areas in the Pacific Region.

I shared a lot about the experience of being able to dress formally to represent my area, it's because it has been a long while where I could do something outside of my norm and feel really good about myself without ego or pride being front and center, knowing that my heart and mind is as open as can be.

The experience with all the panels presented on Agenda Items which would be discussed at our Inform the Delegate assembly better prepared me to hear the voice of A.A.

I will admit our workshops with the delegates of the Pacific Region were different than any other I have ever experienced mainly because of the feeling of where A.A. is heading with what happened with our General Service Board. One thing I am grateful for is rotation and having our Panel 72 delegates there to help us 73's learn and walk through thoughts, emotions and knowing that a Higher Power will guide us. Again, thank you for the opportunity to serve.

In love and service, Tommy G. Area 17 Delegate Panel 73
and member of the CPC Conference Committee

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Our Chair - Jeannie's experience during PRAASA 2023 can be found on the area website at:

<https://tinyurl.com/JeanniePRASS>

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**Reflections on
73rd General Service Conference
“A.A.’s Three Legacies – Our Common Welfare”
from our DELEGATE:**

Note from the editor: This is a SNAPSHOT ONLY ... be sure to attend when our delegate, Tommy, visits your district and presents his report in its entirety during the next few months!

Aloha Area 17,

Thank you to Area 17 members, meetings and homegroups for allowing me to represent Area 17 as Delegate to the 73rd General Service Conference. The 2023 theme was “A.A.’s Three Legacies – Our Common Welfare” was alive and well at the conference, I am grateful to have heard, three panels ago, from our then Pacific Region trustee, Joel C, asked, *are the three sides of our triangle* – meaning the three legacies – recovery, unity and service, *the same size?*

I have since strived to even the sides of our legacies and though sometimes challenging, it has been a major asset to my recovery and relationship with God or my Higher Power.

I must admit, I was very excited to attend the General Service Conference but not so excited to be going to New York. On my first day there, though, I took a short walk on the Brooklyn Bridge. I realized that my thoughts of what New York was going to be not even close to the feeling I had of the city when I saw the awesome construction of the bridge – Statue of Liberty on one side and the Manhattan Bridge on the other. Ahead of me was the New York skyline – such an amazing sight and feelings for a local boy raised in South Kona.

The roll call on the first day of the conference, Sunday, April 23rd, is when it hit me, that only a few people, let alone alcoholics, get to attend the General Service Conference as Delegates and be a part of taking our areas conscious to help the still suffering alcoholic.

I can't wait to visit our districts and give my Delegate report on the journey to the 73rd General Service Conference. I hope to see each and every one of you at the annual “Delegate Reports Back” in your local district!

Mahalo Area 17 for allowing me to serve.

With Love and Service,

Tommy G. / Area 17 Delegate / Panel 73

And a member of the CPC Conference Committee

RULE 62 DID YOU KNOW?

As with many of our historical decisions, made by the fellowship, rule 62 came about from a massive “oops”! Allow us to interpret:

** You can read all the details on pages 103 and 104 of the book **Alcoholics Anonymous Comes of Age**.*

Years ago, a certain small-town “super promoter” got sobered up through A.A. At once he had very big ideas for the good of ALL A.A. of course. As he saw it, we would need a very large building and it would take an off a lot of money floor number one would be a club. Number two would be meeting rooms and on the next floor, a clinic and rehabilitation center on the top floor ...why not a loan agency! Such was his vision.

Many in his town thought it was a grand idea. He, of course, would be the general manager - he put together a full blueprint on three separate corporations. Altogether he wrote 61 rules regulations and bylaws to make these corporations perform well.

Maybe you can guess what happened. Invariably the crash came, with the colliding of egos. Once things, quiet down, he wrote [to GSO] and remembered that we said an a outside enterprise can be fine and very helpful. “But you also said they could not be mixed with A.A. I figured they could be and should be! Well, those folks at headquarters had it right and I was wrong. “

Included in this letter was a card, that he actually sent to every group in the United States at the time. It was folded like a golf course scorecard.

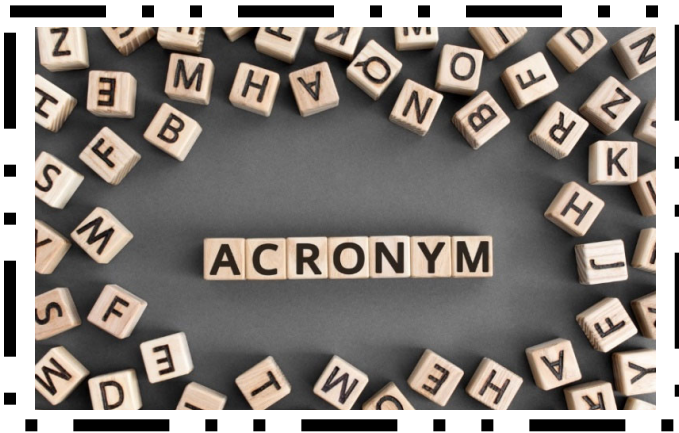
On the outside was printed

Group so-and-so, Place so-and-so, Rule number 62.

When the card was unfolded, a single, pungent sentence, met the eye **“Don’t take yourself too Damn seriously “**

Maybe you will agree... This is a lesson not only in Tradition 4, but also PERHAPS, in that big word of humility!





**This month's Acronym Fun ...
FAITH AND FEAR!**

- FAITH = Fear Ain't In This House...
- FAITH = Facing An Inner Truth Heals...
- FAITH = For An Instant Trust Him...
- FAITH = Fantastic Adventure In Trusting Him...
- FAITH = Fear And Insecurity? Trust Him!...
- FAITH = For All I Trust Him
- FAITH = Forget Answers Instead Trust Him
- FAITH = Forwarding All Issues To Him/Heaven
- FAITH = Found Always In Trusting Him
- FAITH = Further/Fantastic Adventure In Trusting Him
- FEAR = Forgetting Everything's All Right
- FEAR = Frustration Ego Anger Resentment
- FEAR = Frantic Efforts at Avoiding Responsibilities
- FEAR = Failure Expressed Allows Relief
- FEAR = Failure Expected And Received...
- FEAR = False Evidence Appearing Real...
- FEAR = Feelings expressed Allows Relief...
- FEAR = Feelings Every Alcoholic Rejects...
- FEAR = Fighting Ego Against Reality...
- FEAR = Forget Everything And Run...
- FEAR = F**k Everything And Run!...
- FEAR = Face Everything And Recover!...
- FEAR = Forgetting Everything's All Right...
- FEAR = Frantic Effort to Appear Real...
- FEAR = Frantic Efforts to Appear Recovered...

**Pin these dates:
Assemblies**

Who attends:

GSRs, DCMs, Area Standing Committee
Chairs, Area Officers & Intergroup Chairs

Bring a note pad and pen to take notes!

Budget Assembly

District #10 Waikiki, Oahu
September 9 - 10, 2023

Optional November Assembly:

District #13 Tri-Island, West Maui

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Committee Meetings

Who attends:

DCMs, Area Standing Committee Chairs, Area
Officers & Intergroup Chairs

May Committee Meeting

District #11, Kihei, Maui
May 20, 2023

**Optional October Committee
Meeting**

REMINDER:

Send out the MYNAH BIRD's

QR code

for each issue to your home

groups.

